

Draft selection criteria – Netball Coach

Mandatory

1. Membership of Netball Victoria
2. Membership of Finley Netball Football Club
3. Coaching qualification or willingness to undergo coaching course
4. Excellent communication skills
5. Ability to work as part of a team
6. Ability to organise and deliver age and grade appropriate training sessions
7. Demonstrated knowledge of the skills to be developed at specific age levels or grades (eg the skills that an average 15 year old player should be able to execute and how to teach these skills)
8. Availability on dates that Finley is fixtured to play
9. Consent to 'Working With Children' check
10. Demonstrated knowledge of the rules of netball ie sat the rules exam and passed

Preferred

- Previous experience coaching netball
- If no previous experience then willingness to work with a coach mentor
- Previous experience playing netball

Other issues for Committee to consider

Age – for assistant coaches at Net Set Go preferably at least 11 years of age (we have been encouraging our under 11's and 12's to assist with the younger children on Friday night Net Set Go); for 11's and 12's coaches to be at least 15 years of age.

Although I have recommended the above for practical purposes we should be encouraging all and cannot have selection criteria that is gender or age specific or discriminates in any other way.

Department of Sport and Rec and Netball Victoria recommend that all volunteers consent to a 'Working With Children' check. The form is available on the Dept Sport and Rec website. I do note, however, that parents who are volunteering with their child's team are not required to have a criminal record check (though we should still get them to complete a 'Working With Children' check).

The time commitment for coaching netball is huge.

We need 9 netball coaches for Murray League and Net Set Go Co-ordinator and 3 coaches. We have been asking coaches to commit two trainings per week (from February) and Saturdays (with the exception of Net Set Go). This is a weekly commitment of between 4 and 6 hours, depending on the grade, for at least 25 weeks. In the feedback from our coaches of last year this was a huge disincentive to coaching. I would like to suggest the following model for junior and senior coaches this season so that the time commitment can be reduced while the delivery of a quality netball program to our juniors and seniors is not compromised.

Pre-season

11's and 12's train one afternoon per week (Tues)

13's and 15's train together on Tuesday and in their separate teams on Thursday. Tuesday would be devoted to fitness and this session could be taken by either coach or by another volunteer. Thursday would be skills, team selection and development.

17's and all senior teams would train together on Tuesday with coaches taking turns to run the fitness sessions. 17's would have their own session on Thursday same as 15's. C and Cres would train together Thursday as would A and B. We did this last season and there was positive feedback from the coaches about this structure for seniors and 17's.

2nd term

11's and 12's continue Tuesday training and are also involved with Friday night Net Set Go. This gives them a second session and assists the Net Set Go program.

13's and 15's continue to train together on Tuesday but focus would move from fitness to skill development. Guest coaches (eg senior coaches or those with coaching experience who do not want to commit to a team for the season (Heidi for eg)) could deliver specific skills sessions. We might have 2 weeks of defensive skills, 2 weeks of mid-court, 2 weeks of attack run like clinics. These sessions could also be observed by our less experienced coaches to give them greater knowledge.

Thursdays these teams would still have their individual team session with their coach.

17's and seniors would continue to train together on Tuesday. The Tuesday sessions move from a focus on fitness to fitness and ball work.

17's have their own session Thursday.

C and C-Res train together Thursday while A and B train together.

3rd term

11's and 12's would move to 2 nights training.

Other junior grades may like to have individual team sessions twice per week for the final term especially if they are coming up to finals. This is a matter for the coaches. They might prefer to continue with the 2nd term model.

Seniors would continue as per 2nd term.

Physical resources

We also need to be aware of our limited resources and negotiating training times so that all teams have time on the court. This was a problem at times last season with C and C-res beginning training at 5.30 on Thursday when 15's and 17's were mid-way through their sessions. There needs to good communication between coaches or a timetable or booking system for the courts. Perhaps we could use the High School courts??